



USC University of
Southern California

Memory and Aging Center



Healthier Vessels Healthier Brain Study

You may be eligible to participate if you are:

- **60+**
- **Speak English or Spanish**
- **Have pre-diabetes (high blood sugar) or diabetes but are not taking insulin**

The purpose of the study is to understand how diabetes, hypertension, and high cholesterol affect blood vessels, brain health and memory. It is a 5-year non-drug study that will require approximately 3 to 4 visits per year.



For more information, call
Nadine Diaz, DSW, MSW
(213) 821-7158

Nadine.Diaz@med.usc.edu
WWW.USC.EDU/ADRC

